

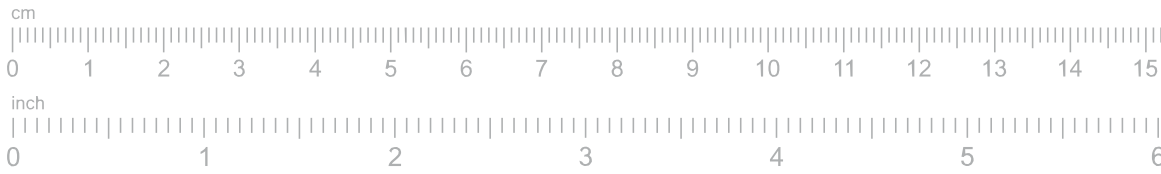
Printing instructions

1 Print the sizing guide

- > Print on U.S. Letter- or A4-sized paper.
- > Ensure you select "Actual size" and not "Fit" in the printer settings.
- > For best results, print in color.

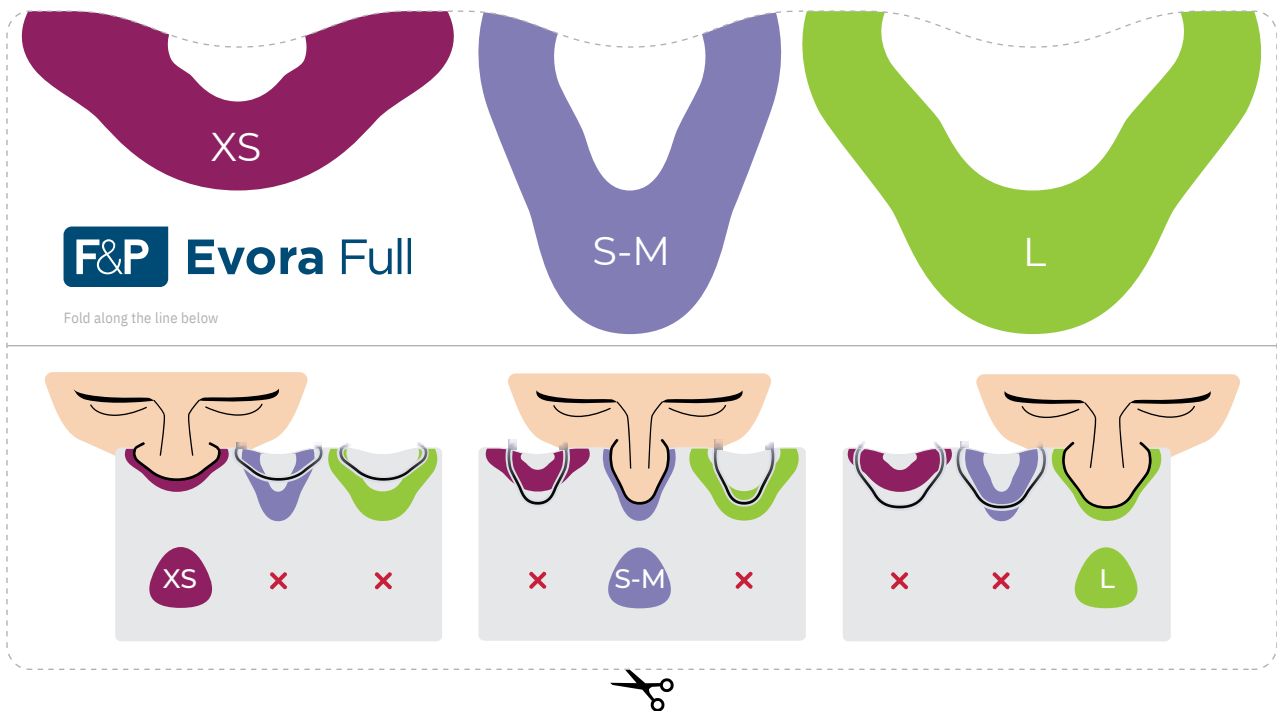
2 Measure your printout

- > Place your ruler on the scale below and ensure they measure the same.



Sizing guide instructions

1 Carefully cut along the dotted lines.



2 Hold the guide so that it presses against the underside of your nose.

TIP

Use a mirror or ask someone at home to assist you with sizing.



3 Choose the size that best fits your nose.